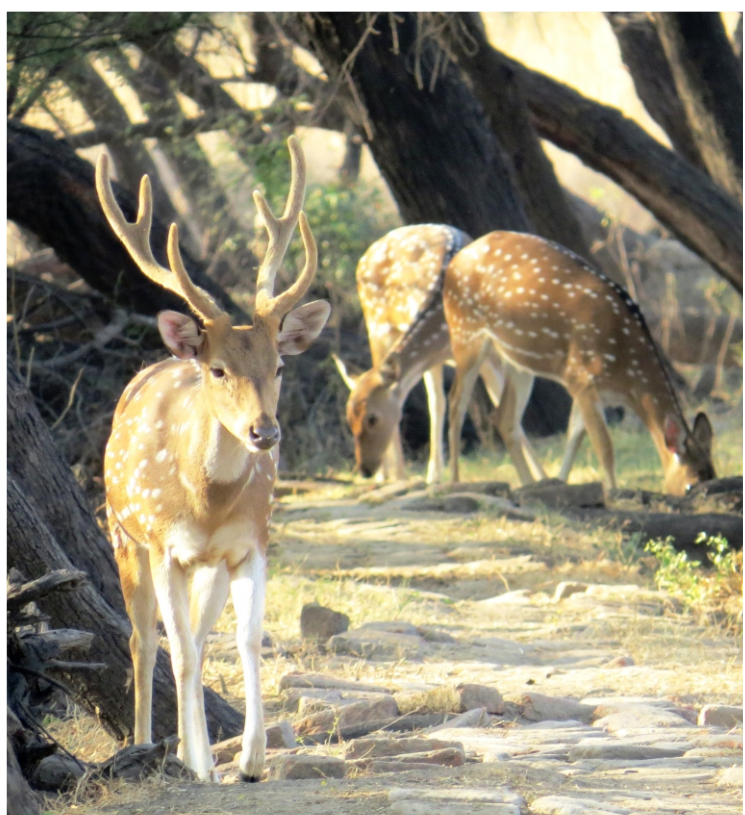
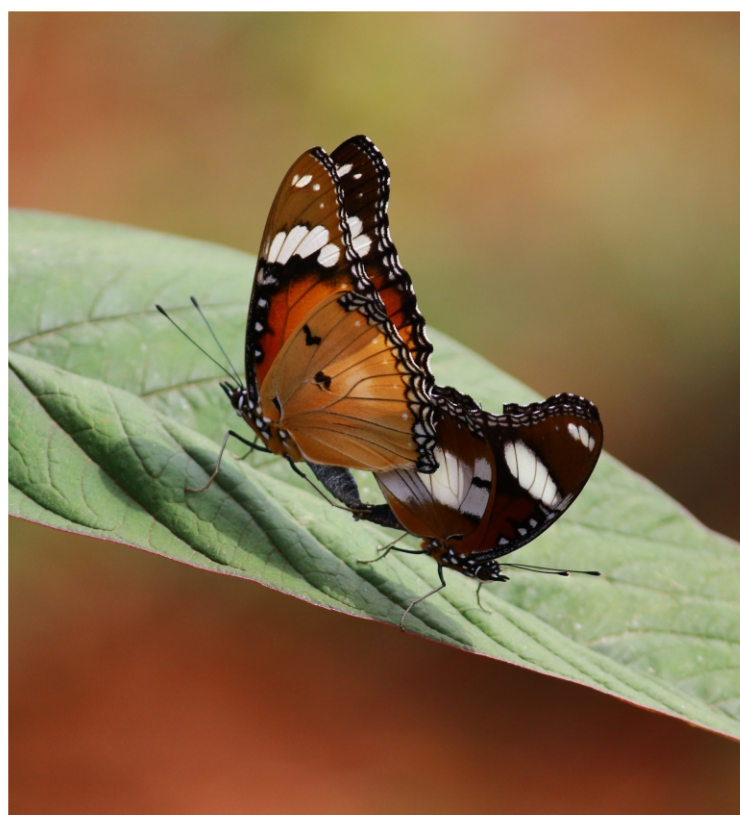


The food we eat, the air we breathe,
the water we drink
and the climate that makes
our planet habitable all come from

 **NATURE**



Here's how you can **ACT** for nature



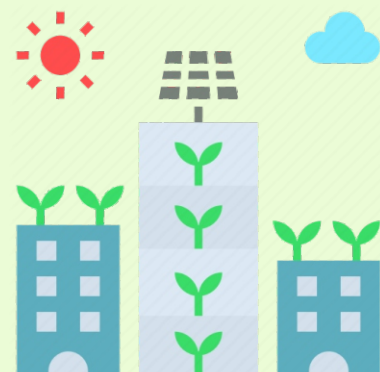
Change your diet to more
environmentally friendly foods

Travel less - limit your travel when
things go back to normal after the
Coronavirus pandemic



Leave some wild green spaces in your
garden where pollinators and ground
dwelling organisms can thrive

Avoid buying single-use plastics.
Recycle as much as you can



Plant an urban garden on
your balcony or backyard

Minimize use of household
chemicals that can have toxic
effects on soil and groundwater.



Explore how to buy locally
produced products and foods

To care for ourselves we
must care for

 **NATURE**



World Environment Day | 5 June 2020

Find ways not only to
live well in harmony
with each other but
also with

 **NATURE**



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